## ASEAN COUNTRIES MENTAL HEALTH DATABANK (2015)

COUNTRY PROFILE	MEASURE- MENTS (qual- itative or quantitative)						×				*			
GENERAL INFORMA	GENERAL INFORMATION													
Location	Latitude and Longitude													
Land Area	Square Kilome- ters	5,765	181,000	1,905,000	237,000	330,000	677,000	300,000	1,000	513,000	332,000			
Population		400,000	15,053,112	232,516,771	6,436,093	27,913,990	50,495,672	93,616,853	4,836,691	68,139,238	89,028,741			
Language (Proportion of the population) a. English b. Native language c. Others (specify)	Proportion of population speaking the language (% of N population)	Brunei Malay												
Religion: a. Islam b. Christians c. Others (Specify)	Proportion of population with the same reli- gion (% of N population)	2/3 of the population is Muslim												
Life expectancy a.Male b.Female		75 years 80 years	60 years 63 years	66 years 69 years	65 years 67 years	71 years 76 years	62 years 65 years	65 years 71 years	71 years 83 years	70 years 77 years	72 years 76 years			
Literacy rate Male Female		100% 100%	89% 86%	97% 96%	89% 79%	98% 99%	96% 95%	94% 96%	100% 100%	98% 98%	97% 96%			
Population Growth Rate														
Gross domestic product (GDP)														
Poverty Incidence														
Suicide rate a. Male b. Female	Per 100,000 population	Not available	Not availa- ble	Not available	Not availa- ble	Not available	Not available	2.5 1.7	12.9 7.7	12 3.8	Not available Not available			

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)								***		*
GOVERNANCE											
Mental Health Policy		None	Existing	Existing	Existing	Existing	Existing	Existing	Existing	Existing	None
Mental Health Plan		None	Existing	Existing	None	Existing	Existing	Existing	Existing	Existing	Existing
Mental Health Legislation		Existing, revised	None	None	None	Existing	Existing	None	Existing	Existing	None
.FINANCING											
Proportion of Mental Health Expenditure from the total expenditure by the government health department		Not available	Not availa- ble	Not available	Not availa- ble	0.39%	Not available	Not available	4.14%	4.0%	Not available
Proportion of mental health expenditures spent on mental hospitals		Not available	Not availa- ble	Not available		Not available	74.29%	Not available	71.71%	Not available	Not available
Coverage of mental disor- der by social insurance schemes											
Proportion of the popula- tion with free access to essential psychotropic medicines											
MENTAL HEALTH CARE DELIVERY											
PRIMARY CARE											
Proportion of primary care with mental health care											
Proportion of primary health doctors trained on mh GAP											
Proportion of primary care with psychotropic medicines included in their pharmaceutical list											

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COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)						X				×
MENTAL HEALTH S	ERVICES										
Mental health out-patient facilities	Rate per 100,000 popu- lation	1.47	0.42	Unknown	0.047	2.58	0.07	0.049	0.06	0.14	0.07
Day treatment facilities	Rate per 100,000 popu- lation	0.74	0.01	Unknown	0.0	0.23	0.002	0.004	0.52	0.003	0.001
Psychiatric beds in general hospitals	Rate per 100,000 popu- lation	9.83	0.1	Unknown	0.54	3.28	0.30	Unknown	1.41	0.09	0.34
Community residential facilities	Rate per 100,000 popu- lation	0.0	0.0	Unknown	0.0	Unknown	0.002	0.016	0.27	0.003	Unknown
Beds/places in community residential facilities	Rate per 100,000 popu- lation	0.0	0.0	Unknown	0.0	Unknown	0.036	1.556	35.46	Unknown	Unknown
Mental hospitals	Rate per 100,000 popu- lation	0.0	0.0	0.2	0.0	0.01	0.004	0.002	0.02	0.03	Unknown
Beds in mental hospitals	Rate per 100,000 popu- lation	0.0	0.0	3.31	0.0	15.01	2.48	4.486	40.85	12.79	Unknown
ACCESS TO CARE											
Persons treated in mental health out patient facilities	Rate per 100,000 popu- lation	25.8	66.43	Unknown	52.5	1,476.01	38.175	12.25	543.45	117.74	370.57
Person treated in mental health day treatment facil- ities	Rate per 100,000 popu- lation	22.85	Unknown	Unknown	Not availa- ble	Unknown	0.316	4.35	Unknown	0.09	1.68
Admissions to psychiatric hospitals	Rate per 100,000 popu- lation	51.59	1.33	Unknown	15.4	47.82	Unknown	Unknown	35.48	0.21	Unknown
Person staying in commu- nity residential facilities at the end of the year	Rate per 100,000 popu- lation	Not available	Not availa- ble	Unknown	Not availa- ble	Unknown	0.018	0.60	Unknown	Unknown	Unknown
Admissions to mental hospitals	Rates per 100,000 popu- lation	Not available	Not availa- ble	Unknown	Not availa- ble	21.04	11.7	5.49	187.63	131.13	Unknown

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)										*		
LONG TERM CARE IN MENTAL HOSPITALS													
Less than 1 year	% of persons staying	Not available	Not availa- ble	Unknown	Not availa- ble	25%	67.06%	Unknown	28%	Unknown	Unknown		
More than 1 year	% of persons staying	Not available	Not availa- ble	Unknown	Not availa- ble	18%	32.94%	Unknown	6%	Unknown	Unknown		
More than 5 years	% of persons staying	Not available	Not availa- ble	Unknown	Not availa- ble	57%	0%	Unknown	66%	Unknown	Unknown		
HUMAN RESOURCES WORKING IN MENTAL HEALTH SECTOR													
Psychiatrists	Rate per 100,000 popu- lation	0.98	0.23	0.01	0.03	0.83	0.09	0.38	2.81	0.44	1.01		
Medical doctors, not spe- cialized in psychiatry	Rate per 100,000 popu- lation	1.23	0.40	Unknown	0.17	Unknown	0,01	0.13	Unknown	0.02	67.39		
Nurses	Rate per 100,000 popu- lation	13.27	0.80	Unknown	0.3	3.31	0.19	0.72	Unknown	3.38	75.34		
Psychologists	Rate per 100,000 popu- lation	0.0	Unknown	Unknown	0.0	0.29	0.002	0.22	Unknown	0.44	0.03		
Social workers	Rate per 100,000 popu- lation	0.0	Unknown	Unknown	0.0	Unknown	0.01	0.02	Unknown	0.62	0.0		
Occupational therapists	Rate per 100,000 popu- lation	0.49	Unknown	Unknown	0.0	Unknown	Unknown	0.02	Unknown	0.12	0.0		
Other health workers	Rate per 100,000 popu- lation	3.69	Unknown	Unknown	0.17	Unknown	Unknown	1.33	Unknown	0.25	Unknown		
INFORMAL HUMAN	RESOURCES	5											
Present in the country User Association Family		No No	No No	Yes Yes	No No	No Yes	No No	Yes Yes	Yes Yes	Yes Yes	No No		

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)										×	
Number of members User Association Family		Not available Not available	Not availa- ble Not availa- ble	Unknown Unknown	Not availa- ble Not availa- ble	Not available 12	Not available Not available	Unknown Unknown	Unknown Unknown	Unknown Unknown	Not available Not available	
Participation in the formu- lation/implementation of policy/plan/legislation User Association Family		Not available Not available	Not availa- ble Not availa- ble	Frequently Frequently	Not availa- ble Not availa- ble	Not routinely Not routinely	Not available Not available	Not routinely Not routinely	Unknown Unknown	Not routinely Not routinely	Not available Not available	
MEDICINES	MEDICINES											
All the psychotherapeutic medicines	Expenditure at country level per year and per 100,00 popula- tion (in USD)	1,199,380	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	
Medicines used for bipolar disorders	Expenditure at country level per year and per 100,00 popula- tion (in USD)	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	
Medicines for psychotic disorders	Expenditure at country level per year and per 100,00 popula- tion (in USD)	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)						×				*	
Medicines used for general anxiety	Expenditure at country level per year and per 100,00 popula- tion (in USD)	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	
Medicines used for mood disorders	Expenditure at country level per year and per 100,00 popula- tion (in USD)	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	Unknown	
INFORMATION SYS'	INFORMATION SYSTEM											
Person with mental disor- ders treated in primary health care Data: Number Age and gender Diagnosis		No No No	No No No	Yes Yes Yes	No No No	Yes Yes Yes	Yes Yes Yes	Yes Yes Yes	Yes No Yes	Yes Yes Yes	Yes No Yes	
Intervention (psycho- pharmacological and psy- chosocial) delivered in primary health care for people with mental disor- ders Data: Number Age and gender Diagnosis		No No No	No No No	No No No	No No No	No No No	Unknown Unknown Unknown	Yes Yes Yes	No No No	No No No	Yes No Yes	

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)						×				×
Person treated in mental health out patient facilities Data: Number Age and gender Diagnosis		Yes Yes Yes	No No No	No No No	No No No	Yes No No	Yes Yes Yes	Yes Yes Yes	Yes Yes No	Yes Yes Yes	Yes No Yes
Contacts in mental health outpatient facilities Data: Number Age and gender Diagnosis		No No No	No No No	No No No	No No No	No No No	Yes Yes Yes	Yes Yes Yes	Yes No Yes	Yes Yes Yes	No No No
Persons treated in mental health day treatment facil- ities Data: Number Age and gender Diagnosis		Yes Yes Yes	No No No	No No No	No No No	No No No	Yes Yes yes	Yes Yes Yes	No Yes Yes	No No No	Yes No No
Admissions in general hospitals with psychiatric beds Data: Number Age and gender Diagnosis		Yes Yes Yes	Not availa- ble Not availa- ble Not availa- ble	No No No	Yes Yes Yes	Yes Yes Yes	Yes Yes yes	Yes Yes yes	Yes Yes Yes	No No No	No No No

COUNTRY PROFILE	MEASURE- MENTS (quali- tative or quanti- tative)						×				*
Admissions in mental hospitals Data: Number Age and gender Diagnosis		Not available Not available Not available	Not availa- ble Not availa- ble Not availa- ble	No No No	Not availa- ble Not availa- ble Not availa- ble	Yes Yes Yes	Yes Yes Yes	Yes Yes yes	Yes Yes Yes	Yes Yes Yes	Yes No Yes
Days spent in mental hos- pitals Data: Number Age and gender Diagnosis		Not available Not available Not available	Not availa- ble Not availa- ble Not availa- ble	No No No	Not availa- ble Not availa- ble Not availa- ble	Yes Yes yes	Yes Yes Yes	Yes Yes Yes	Yes Yes Yes	Yes Yes Yes	Yes No Yes
Admissions in community residential facilities Data: Number Age and gender Diagnosis		Not available Not available Not available	Not availa- ble Not availa- ble Not availa- ble	No No No	Not availa- ble Not availa- ble Not availa- ble	No No No	Yes Yes Yes	Yes Yes yes	Yes Yes yes	No No No	Yes Yes No

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